HOLISTIC ELEVATION

Youth STEAM Therapy Program

The program give youth the tools they need to break the cycles of trauma, abuse, violence, depression, suicide attempts, and other mental health challenges they may be expeirencing.

The program will help students:

- Merge Science, Technology, Engineering, the Arts and Mathematics (STEAM) with Mental Health Therapy.
- Develop Coping Strategies to deal with ongoing grief, trauma; and mental and behavioral health impact due to COVID-19.
- Students will learn how to process their challenges through Acting, Scriptwriting, Visual Storytelling, Audio Production, Video Production
- Create Healthy Peer Support and Interactions

Registration Details: Students between the ages of 13 to 19 facing trauma: physical, social, academics, or behavioral challenges

Program includes lunch, snacks, crafts and program supplies.

April 18 to 22, 2022

Monday to Thursday 8:30a.m. to 3:00p.m.

Friday 9:00am to 4:30p.m.

Location: Wilmington Public Library:
10 E 10th St, Wilmington, DE 19801

Cost: The program is covered by Medicaid insurance, funding available for uninsured students.

Registration: Work: 302-278-0026
Email: intake@holisticelevation.org
https://www.holisticelevation.org/youth-trauma-program

Transportation: *Transportation will not be provided. Transportation for students is through the partnership with parents, guidance and community agencies.*